## **Recommended Gear for your tour:**

- 1) Riding pants or stretchy jeans
- 2) Riding boots or trekking boots
- 3) Fleece jacket or regular jacket
- 4) Jacket (waterproof), or Long Rain coat,
- 5) In case of rain, please bring a change of clothes
- 6) Socks (synthetic or wool)
- 7) Small backpack aprox 20L to 30L,
- 8) 1 I water bottle or reservoir,
- 9) Sungalsses,
- 10) Sunscreen,
- 11) Food for the trail (sandwiches, carbohydrate-rich energy bars, granola, trail mix and fruit provide an instant pick-me-up on the trail)

## Note:

- ! Do not come wearing shorts, as you might get allergic reactions.
- ! Do not wear boots with thick soles, as they can get stuck in the stirrups.
- ! If you have sensitive skin, you will need gloves (not mittens).
- ! We have dogs and cats; if needed, please take allergy medication beforehand.