Recommended Gear for your trip:

Your holiday in Romania also includes hiking trails
Level of difficulty: *Easy to Medium*
No special skills required
No rock climbing involved; no special climbing gear needed

Basic hiking gear required for a day hike in the summer:

1) **Hiking boots** with adherent sole,”vibram sole if it is possible” waterproof and preferably with high ankles
2) Breathable t-shirt, 1-2-3
3) Quick Dry Pants-Shorts
4) Warm blouse (in a bag in the backpack),
5) Jacket (waterproof),
6) **Rain coat**,  
7) Moisture-wicking underwear 
8) Socks (synthetic or wool) 
9) Hiking poles (optional), *we will offer them*
10) **Small backpack** approx 20L to 30L, 
11) **2 l water bottle or reservoir**, 
12) Sunglasses, 
13) Sunscreen, 
14) Sun hat, 
15) Food for the trail (sandwiches, carbohydrate-rich energy bars, granola, trail mix and fruit provide an instant pick-me-up on the trail)

*For winter hiking the company will provide you with: snowshoes, avalanche tranceivers (if the case) or gaiters

Day Hiking Extras:  
HeadLamp or Flashlight 
Extra Batteries  
ID 
Cellphone 
Camera