## **Recommended Gear for your tour:**

- 1. Sunglasses with **UV protection**
- 2. Lightweight base layer / long-sleeve shirt (to layer under other clothes)
- 3. Mid-weight jacket / wind-breaker (for changing mountain weather)
- 4. Waterproof or water-resistant outer shell (rain or wind protection)
- 5. Comfortable trousers or hiking-style pants (for stops, walking)
- 6. Hat / cap + buff or scarf (sun & wind protection)
- 7. Sunscreen (important even if cool)
- 8. Water bottle + snacks
- 9. Extra layer (sweater / fleece) for cooler elevation or evening